

Instructions for Using The Solving Circle:

_Draw an imaginary circle around those in the Solving Circle.

_Face your friend/classmate. Express your friendship for them and your wish to get along together for the sake of the friendship, your group/ team/ class etc.

_Audibly agree to keep words or actions that draw you apart (Judging, threatening etc, shown below) outside The Solving Circle.

Note: If they surface, address them. *"That sounds like [a threat, coercion, judgment.] It will not solve anything."*

_State your concern clearly and briefly using facts. eg: *"I put my coat on the bench and when I came to get it Peter told me that you had taken it. I tried to find you and then I saw that my coat was up on the roof and Greta told me that you had thrown it up there. This is the second time that you have taken my things and I am fed up with it."*

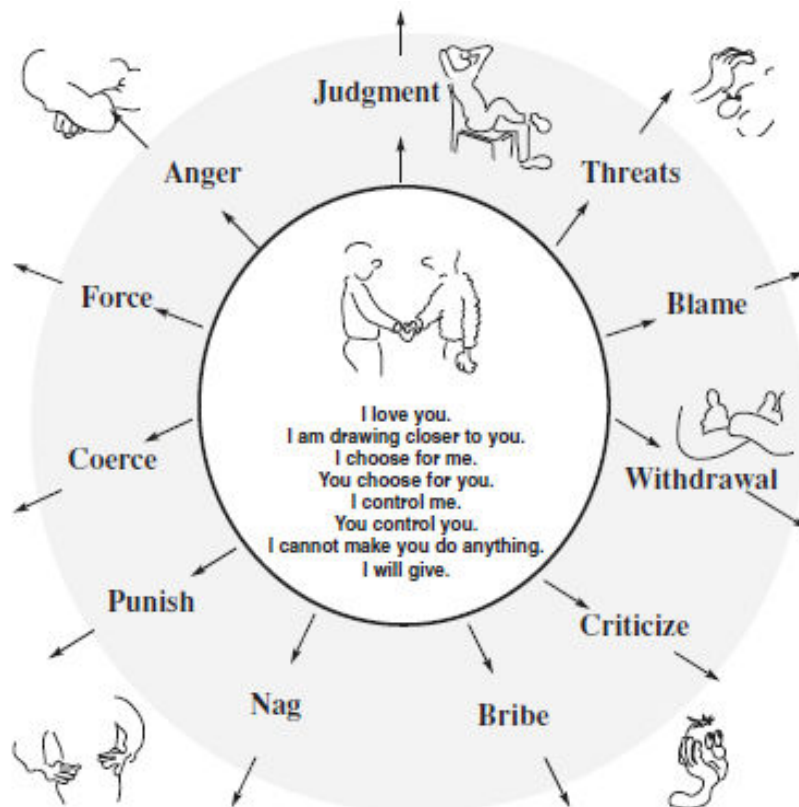
_After you share the concern, be quiet. Give the other person a chance to speak.

Remain open to their suggestions.

Listen from their point of view. Maintain eye contact and acknowledge them when they speak.

_If their game plan is acceptable, come into agreement by saying, "Then we agree that you will [leave my things alone and .]"

_If you disagree, stay in the solving circle until you agree, or ask a teacher to help



*The Solving Circle Concept was developed from William Glasser's teachings found in his book, "Choice Theory."